

Time	Street Style	Level (Ability)	Level (Age)	Teacher	Term Fee (inc. GST) Based on 10wk Term	Casual Fee (inc. GST) Per Class
<b>Monday</b>						
4:00pm to 4:30pm	Hip Hop All Styles - Mini Hip Hop	Beginner	4yrs to 7yrs	Srijit MG	\$120.00	\$19.00
4:00pm to 4:45pm	Hip Hop All Styles - Funksters	Beginner	7yrs to 9yrs	Jasmin Buttery	\$160.00	\$19.00
4:30pm to 5:15pm	Hip Hop All Styles - FunkBeatz	Beg/Int	9yrs to 12yrs	Srijit MG	\$160.00	\$19.00
5:30pm to 6:30pm	Hip Hop All Styles - FunkCrew	Beg/Int	13+yrs	Vincent Bui	\$170.00	\$19.00
5:30pm to 6:30pm	K-Pop	Beginner	Open Age 10+	Jasmine Lynch	\$170.00	\$19.00
6:30pm to 7:30pm	Popping	Beg/Int	Open Age 10+	Lawson Le	\$170.00	\$19.00
6:30pm to 7:30pm	Breaking (Breakdance)	Intermediate	Open Age 10+	Vincent Bui	\$170.00	\$19.00
7:30pm to 8:30pm	Hip Hop All Styles – Adult Inters	Intermediate	Open Age 18+	Michelle Stabile	\$170.00	\$19.00
<b>Tuesday</b>						
4:00pm to 4:45pm	Hip Hop All Styles - Krush Groove	Beg/Int	8yrs to 11yrs	TBA	\$160.00	\$19.00
5:00pm to 6:00pm	GrooveXspace – Development Crew	Int/Adv	Open Age	Vincent Bui & Guests Teachers	\$170.00	N/A
6:00pm to 7:00pm	GrooveXone Performance Crew	Int/Adv	Open Age	Vincent Bui	\$170.00	N/A
6:30pm to 7:30pm	Breaking (Breakdance)	Beginner	Open Age 10+	Tom Hughes	\$170.00	\$19.00
7:30pm to 8:30pm	Hip Hop Basics & Choreography - Adult Beginners	Beginner	Open Age 18+	Michelle Stabile	\$170.00	\$19.00
<b>Saturday</b>						
9:30am to 10:00am	Hip Hop All Styles – Tinies Hip Hop	Beginners	4yrs to 6yrs	TBA	\$120.00	\$19.00
9:15am to 10:00am	Hip Hop All Styles - Mini Groovers	Beg/Int	7yrs to 9yrs	Melissa Valentyn	\$160.00	\$19.00
10:00am to 11:00am	Hip Hop All Styles -Beat Street Crew	Beginners	10yrs to 11yrs	TBA	\$170.00	\$19.00
10:00am to 11:00am	Hip Hop All Styles – Gangsta Squad	Beg/Int	11yrs to 12yrs	Alana Tedesco/Jamie Siow	\$170.00	\$19.00
11:00am to 12:30pm	Hip Hop All Styles - Electric Crew(Competition/Performance/ Video Crew)	Intermediate	Open Age 13+	Alana Tedesco/Jamie Siow	\$200.00	\$19.00
12:30pm to 1:30pm	Hip Hop Basics & Choreography - Adult Beginners	Beginner	Open Age 18+	Michelle Stabile	\$170.00	\$19.00

Updated 22/01/2022

## Terms & Conditions

- TERM FEES:** Term fees are due by 1<sup>st</sup> week of term. Casual fees are due at the beginning of class.
- REFUNDS:** There are no refunds on absences but students can do a makeup class at the same age or higher.
- CLASS SIZE:** If a class has less than 5 students it will either be cancelled or combined to another class or charged at a private lesson rate depending on the numbers in the class. This will be advised to the parents a term ahead if this is to occur.
- CLASS CANCELLATIONS:** Classes may be cancelled if special workshops/concerts or performances occur. Classes will be refunded or make up classes will be given. Every effort to give adequate notice of cancellation will occur.
- GENDER MIX:** All classes are mixed gender unless otherwise specified.
- STUDENT AGE:** Ages are an estimate and students will be placed in classes that cater to their dance level and dance maturity as they develop.
- TEACHERS:** Teachers may be subject to change without notice. We do our best to keep consistent teachers for your classes through the year.
- Multiple Class Flate Rate:** Any students doing 3 dance classes or more will have a flat rate of \$500 per term per student. Any classes under 3 will be the standard term rate.

## Styles of Dance at Groovexone

### Breaking (Breakdance)

Breaking was created in the South Bronx, New York City during the early 1970s. It is the original style of hip-hop dance. Breaking includes four foundational dances: Toprock - footwork-oriented steps performed while standing up. Downrock - footwork performed with both hands and feet on the floor. Freezes - stylish poses done on your hands. Power moves - Complex and impressive acrobatic moves.

### Commercial Hip Hop/Teacher Freestyle Choreography

The dance industry responded to hip-hop dance by creating a commercial version of it. This studio hip-hop, sometimes called "new style", is the kind of hip-hop dance seen in rap, R&B, and pop music videos and concerts. In the context of the commercial dance industry, hip-hop is the freestyle movements of the choreographer put into a dance routine with studio technique added to it. From a technical aspect, it is characterized as hard-hitting involving flexibility and isolations—moving a specific body part independently from others. In addition, emphasis is placed on musicality how sensitive your movements are to the music—and being able to freestyle (improvise).

## **K-Pop**

Is short for Korean pop. It's a genre of popular music originating in South Korea. It is influenced by styles and genres from around the world, such as experimental, rock, jazz, gospel, hip hop, R&B, reggae, electronic dance, folk, country, and classical on top of its traditional Korean music roots.

The dance is essentially video clip and hip hop dance that's choreographed to K-Pop music, which has a faster tempo than most old-school lyrical hip hop songs with elements of Vogueing, waacking, jazz, funk, hip hop, krump, breaking, locking and popping.

## **GrooveXone Crew (Combination Classes GrooveXSpace and GrooveXOnes)**

Our goal is to build a safe, fun, and inspiration filled space for dancers that would like to explore and expand upon their world of dance. Whether you want to be competitive, improve on skills and techniques, learn different styles, or even just dance more, dancers here can come together to reach their individual goals together and do the one thing that they really love, DANCE.

We will have 2 parts to this. Students who do not feel ready for the full crew of GrooveXones are more than welcome to start with the development team of GroovXSpace. Those wishing to do the full crew will be required to do the combination Classes of GrooveXSpace and GrooveXones)

## **GrooveXSpace (Development Team)**

Here anyone can come and dance more with a focus on learning a variety of different styles from guest teachers, higher level techniques, teamwork, choreography, and meet people that love to dance.

This will be heavily focused as a workshop class and will feature intermediate to advanced level material that expands on the basics (prior dance knowledge not required but highly recommended).

## **GrooveXOnes (Performance Team)**

This is for those that want to take things to another level and apply everything that they've learnt in GrooveXSpace and other classes, to test themselves against the world out there. We will spend an extra hour on developing teamwork chemistry, formations, performance, choreography building, execution, pushing and overcoming your limits as a dancer to compete in local and state level competitions.

## **Street Funk Styles of Dance (Popping & other street styles)**

### **Popping**

This dance form was created in Fresno, California in the 1970s and popularized by Samuel "Boogaloo Sam" Solomon and his crew the Electric Boogaloos. It is based on the technique of quickly contracting and relaxing muscles to cause a jerk in a dancer's body, referred to as a *pop* or a *hit*. Each hit should be synchronized to the rhythm and beats of the music.

### **Strobing, strutting, liquid, waving and robot.**

These are all separate street funk styles originating from West Coast America "popping".

In liquid, the body movement looks like water.

Strobing (also called ticking) the movements look staccato and jerky.

Floating, gliding and sliding. These are lower body dances performed with little to no movements in the chest or arms.

Tutting is an upper body dance that uses the arms, hands, and wrists to form right angles and create geometric box like shapes.

### **Locking**

Locking, originally called Campbellocking, was created in 1969 in Los Angeles, California by Don "Campbellock" Campbell and popularized by his crew The Lockers. The *lock* is the primary move used in locking. It is "similar to a freeze or a sudden pause." A locker's dancing is characterized by frequently *locking* in place and after a brief freeze moving again.

### **Party Dancing**

Hip-hop social dancing (party dancing). Novelty and fad dances such as the Roger Rabbit, the Cabbage Patch, and the Worm appeared in the 1980s followed by the Humpty dance and the Running Man in the 1990s. The music of the day was the driving force in the development of these dances. The TV Show Fresh Prince of Bel Air demonstrated some of these party styles.

### **Jazz-Funk/Street Jazz**

Another style the dance industry created in response to hip-hop was *jazz-funk*. This style was shown in its early form on a sketch comedy series called *In Living Color*. The resident dance troupe, The Fly Girls, opened and closed every show with a hip-hop and jazz performance choreographed by Rosie Perez. Jazz-funk (also called street-jazz) is a hybrid of hip-hop and jazz dance. R&B singer Beyoncé uses this style.